

# DO HARD THINGS



## PART 1

Think of something in your life that needs to change so that you can be better used by God. Write it below. (These things could include: A bad habit, wasting time with relatively useless hobbies, thought-life struggles, disobeying parents, laziness, poor friend choices, not committed to a daily devotional life — i.e. a daily relationship with God, etc.)

## PART 2

Brainstorm and create a list of things you need to add, or cut out of, your life to make this change happen. (If you want, you can share your challenge with others and get them to brainstorm with you.)

## PART 3

Take your list and start forming it into a plan of action. Come up with **FIVE** things that you can begin to do this week. (Get accountability. You can't do this alone!)



GOAL\*PLAN\*SUCCESS